

Nutrition Risk Codes for Infants & Children

Anthropometric / Biochemical

Risk Code	Risk Condition/Indicator of Nutritional Need	Category/Priority
103-H* R	Underweight or At Risk of Underweight: <u>Risk of Becoming Underweight</u> -- ≤ 2 years $>2^{\text{nd}}$ percentile and $\leq 5^{\text{th}}$ percentile weight/length or stature 2-5 years $> 5^{\text{th}}$ percentile and $\leq 10^{\text{th}}$ percentile BMI for age *HR Underweight--≤ 2 years $\leq 2^{\text{nd}}$ percentile weight for length or 2-5 years $\leq 5^{\text{th}}$ percentile BMI for age	I-1 C-3
113—H	Obese Children 2-5 Years of Age: ≥ 24 months to 5 years and $\geq 95^{\text{th}}$ percentile BMI HR $\geq 95^{\text{th}}$ percentile	C-3
114 R	Overweight: 2-5 yrs of age and $\geq 85^{\text{th}}$ percentile and $< 95^{\text{th}}$ percentile At Risk of Overweight: <ul style="list-style-type: none"> ▪ < 12 months with maternal obesity (biological mother with BMI ≥ 30 at conception or 1st trimester) ▪ ≥ 12 months with maternal obesity (biological mother with BMI ≥ 30 at child's certification) ▪ Infant or child with paternal obesity (biological father with BMI ≥ 30 at child's certification) 	I-1 C-3
115	High Weight-for Length: Birth – 24 months $\geq 98^{\text{th}}$ percentile	I-1 C-3
121 ▲	Short Stature or At Risk for Short Stature: <u>At Risk for Short Stature</u> -- ≤ 2 years $>2^{\text{nd}}$ percentile and $\leq 5^{\text{th}}$ percentile length for age. 2-5 years $>5^{\text{th}}$ percentile and $\leq 10^{\text{th}}$ percentile stature for age. <u>Short Stature</u> ≤ 2 years $\leq 2^{\text{nd}}$ percentile length for age. 2-5 years $\leq 5^{\text{th}}$ percentile stature for age.	I-1 C-3
134-H R	Failure to Thrive: Diagnosed++	I-1, C-3
135-H R	Inadequate Growth-Low Rate of Gain: <ol style="list-style-type: none"> 1. <u>Birth to one month:</u> <ul style="list-style-type: none"> ▪ Excessive weight loss after birth ▪ Not back to birth weight by 2 weeks of age 2. <u>Birth to 6 months of age</u> (2 weights one month apart) as defined by USDA, NV WIC Policy CT:8 	I-1 C-3
141-H*	Low Birth Weight and Very Low Birth Weight: <u>Low Birth Weight</u> — ≤ 5 lbs 8 ounces (2500 g) <u>Very Low Birth Weight</u> -- ≤ 3 lbs 5 ounces *HR for infants only	I-1 C-3 (< 2 years)
142	Prematurity: ≤ 37 weeks	I-1, C-3 (< 2 years)
151-H	Small for Gestational Age: Diagnosed++	I-1, C-3 (< 2 years)
152 ▲-H	Low Head Circumference: birth-24 months documented $< 2^{\text{nd}}$ percentile	I-1 C-3
153	Large for Gestational Age: Birth weight ≥ 9 lbs (≥ 4000 g)	I-1
201-H* R	Low Hemoglobin/Low Hematocrit: Refer to normal standards Hemoglobin/Hematocrit levels below standards *HR if $>10\%$ below standard or 1 percentage point below standard	I-1 C-3
211-H	Lead Poisoning: Blood lead level ≥ 5 ug/deciliter within last 12 months	I-1, C-3

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Clinical/Health/Medical

Risk Code	Risk Condition/Indicator of Nutritional Need	Category/Priority
341-H R	Nutrient Deficiency Diseases: Scurvy, PEM, Rickets, Beri Beri, Pellagra, Xerthalmia, etc.—Diagnosed++	I-1 C-3
342-H R	Current Gastrointestinal Disorders: Crohn’s, gallbladder disease, liver disease, ulcers, Gluten Enteropathy, IBS, GER (reflux), post-bariatric surgery etc.—Diagnosed++	I-1 C-3
343-H	Diabetes Mellitus: Diagnosed++	I-1, C-3
344-H	Thyroid Disorders: Diagnosed++	I-1, C-3
345-H R	Hypertension and/or Prehypertension: Diagnosed++	I-1, C-3
346-H	Renal Disease: Diagnosed++ (excludes urinary tract infections (UTI) involving bladder)	I-1, C-3
347-H# R	Cancer: Diagnosed+++ (must affect nutritional status) BF NOT recommended with some cancer treatments	I-1 C-3
348-H	Central Nervous System Disorders: Epilepsy, cerebral palsy, NTD, MS, Parkinson’s Disease etc.—Diagnosed++	I-1, C-3
349-H#	Genetic and Congenital Disorders: Cleft lip or palate, Down’s, thalassemia major, sickle cell anemia, etc.—Diagnosed++	I-1 C-3
350-H	Pyloric Stenosis: Diagnosed++	I-1
351-H	Inborn Errors of Metabolism: PKU, galactosemia, urea cycle disorder, glycogen storage disease, etc.—Diagnosed++	I-1 C-3
352-H#	Infectious Disease: Tuberculosis, pneumonia, meningitis, hepatitis, etc.- Diagnosed++ Disease present within the past 6 months	I-1 C-3
353-H*	Food Allergies: Diagnosed++ *HR only if intake of entire food group is affected	I-1 C-3
354-H	Celiac Disease: Diagnosed++	I-1, C-3
355-H*	Lactose Intolerance: Diagnosed++ *HR if serious	I-1, C-3
356-H	Hypoglycemia: Diagnosed++	I-1, C-3
357	Drug Nutrient Interactions: <u>Risk for Nutritionists’ Use Only</u>	I-1, C-3
359-H#	Recent Major Surgery, Trauma, Burns: Within last 2 mo or >2mo if nutrition support is prescribed by MD	I-1 C-3
360-H#	Other Medical Conditions: Lupus, heart disease, cystic fibrosis, moderate/severe asthma requiring daily medication, etc.— Diagnosed++	I-1 C-3
361-H* R	Depression: Diagnosed++ *HR at option of CPA if concern	C-3
362-H	Developmental Delays, Sensory or Motor Delays: Interfering with ability to eat	I-1 C-3
381-H*	Dental Problems: Infant/Child—BBTD (Baby Bottle Tooth Decay) *HR if impaired ability to ingest food in adequate quantity or quality (tooth decay, periodontal disease, tooth loss, etc.	I-1 C-3
382-H	Fetal Alcohol Syndrome: Diagnosed++	I-1, C-3

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Dietary

Risk Code	Risk Condition/Indicator of Nutritional Need	Category/Priority
401	Failure to Meet Dietary Guidelines for Americans: <u>Last resort risk if no other risks found after full assessment > 2years of age</u>	C-5 (≥ 2 years)
411-H* R	Inappropriate Nutrition Practices for Infants: <ul style="list-style-type: none"> ▪ Feeding anything other than breastmilk or formula as main nutrition source ▪ Inappropriate bottle use ▪ Inappropriate foods or early intro to solids <4mo ▪ Not responding to baby’s cues of hunger/fullness ▪ Feeding practices inappropriate for developmental stage ▪ Not mixing formula correctly ▪ Limiting BF frequency ▪ ≥ 6 mo not providing fluoride when water supply is lacking ▪ Unsafe sanitation when preparing/storing formula/breastmilk ▪ Dietary supplements in harmful excess—*HR ▪ Vegan diet or other diet very low in essential nutrients (infants >6mo)—*HR 	I-4
425-H* R	Inappropriate Nutrition Practices for Children: <ul style="list-style-type: none"> ▪ Inappropriate drink as major milk source ▪ Feeding sweetened drinks ▪ Inappropriate bottle/pacifier use (bottle >14 months) ▪ Not given appropriate foods for developmental stage ▪ Force-feeding or withholding food ▪ Feeding potentially harmful foods (unpasteurized dairy products or fruit/vegetable juices, raw eggs, hot dogs, undercooked meats, etc.) ▪ Not providing fluoride when water supply is lacking ▪ Vegan diet or other diet very low in essential nutrients—*HR ▪ Dietary supplements in harmful excess--*HR ▪ Pica (eating nonfood items)--*HR--R 	C-5
428	Dietary Risk Associated with Complementary Feeding Practices: Inappropriate issues surrounding: <ul style="list-style-type: none"> ▪ Solids or drinks other than breastmilk or formula ▪ Eating independently ▪ Weaning from breastmilk or formula ▪ Transitioning from infant/toddler foods to regular foods ▪ Regular meals and snacks ▪ Parent/caregiver setting good example by eating variety of foods 	I-4 (4-12 mo) C-5 (12-23 mo) Applies to infants or children 4-23 months or age— Must assess for risk 411 or 425 before assigning this risk

Other Risks: Regression/Transfer/Nutrition Risk Unknown

501	Possibility of Regression: Not for consecutive certifications R: 103, 114, 201, 341, 342, 345, 347, 361, 425, 801	I-1 or 4 C-3 or 5
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502	Transfer of Certification	Based on risks used
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Other Risks: Breastfeeding Infant

Risk Code	Risk Condition/Indicator of Nutritional Need	Category/Priority
603	Breastfeeding Complications or Potential Complications: Jaundice, difficulty latching, weak or ineffective suck, etc.	I-1

Infant of a WIC-Eligible Mother

700	Not Allowed	
701	Infant up to 6 mo of WIC Mother or of a Woman who would have been eligible during pregnancy	I-2
703-H	Infant Born of Woman with Mental Retardation or Alcohol/Drug Abuse During Most Recent Pregnancy:	I-1

Other Risks: Homelessness/Migrancy

801 R	Homelessness: Lack of fixed nighttime residence; temporary residence	I-4, C-5
802	Migrancy	I-4, C-5

Other Nutrition Risks

901-H	Recipient of Abuse: Child abuse/neglect within last 6 months	I-4, C-5
902-H	Infant or Child of Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food:	I-4, C-5
903	Foster Care: Foster care during last 6 months	I-4, C-5
904	Environmental Tobacco Smoke Exposure	P-1, B-1, N-3,4,5,6, I-1, C-3

H—High risk H*--High risk sometimes R—May be used for “501 Possibility of Regression”

++Denotes diagnosis by MD as self reported # Denotes condition must affect nutritional status

▲ For premature infants and children (with a history of prematurity) up to 2 years of age, assignment of this risk criterion will be based on adjusted gestational age.