

Policy Local WIC Agencies may provide breast pumps to WIC participants as a breastfeeding aid when appropriate and as pumps are available.

Purpose To support and protect breastfeeding by providing breast pumps to women who need and will use them. To support participants using breast pumps by providing appropriate education.

Procedure Breast pumps shall be provided to participants only after a thorough assessment of the breastfeeding relationship to ensure that a breast pump is the preferred intervention. This assessment will determine which type of pump is needed to meet the participant's needs.

1. Breast pumps are most commonly provided in the following circumstances:
 - Mothers of premature infants who are unable to suck adequately.
 - Mothers of infants with severe feeding problems.
 - Mothers who are having difficulty maintaining their milk supply.
 - Mothers of multiple births, to increase their milk supply.
 - Mothers who are separated from their infants because of hospitalization.
 - Mothers who are separated from their infants because of return to work or school.
2. A Multi-User Double Electric Breast Pump (MU pump) may be loaned to a WIC mother who has a medical need, or whose infant has a medical need. reasons for use might include:
 - Infant is unable to nurse due to prematurity or another health problem, regardless of issuance of small amounts of formula to supplement while breast milk supply is increased; or
 - Infant has a special need such as cleft lip or palate, down syndrome, cardiac anomalies, cystic fibrosis, PKU, or other special needs determined by a specialist; or
 - Mother has continuing difficulties with latch, nipple damage or milk supply; or
 - Mother and infant are separated due to hospitalization; or
 - Mother has severe, recurrent engorgement; or
 - Mother wants to re-lactate; or
 - Mother has had breast surgery.
3. A Personal Double Electric Breast Pump (*Pump in Style*) shall only be issued to a WIC mother in the following circumstances:
 - Participant is working or going to school more than 20 hours per week and is unable to feed her baby while at work or on break time, **and;**
 - Infant is exclusively breastfeeding when the breast pump is issued, **and;**
 - Infant is at least 4 weeks old when the breast pump is issued, **and;**

- Mother and baby are having **no** problems with breastfeeding (if they are having problems, issue a *Multi-User Double Electric Breast Pump (MU pump)*), **and**;
 - Participant plans to breastfeed exclusively for at least four to six months and will **not expect** any formula from WIC.
4. A Single-User Manual Breast Pump (*Harmony*) shall be issued to WIC mothers who are breastfeeding and would like to pump in the following circumstances:
 - For use during part-time work or school.
 - For occasional use (example: “night out” without baby).
 - Doesn’t want to breastfeed in public. (Discuss Nevada Revised Statute 201.232 and how feedings can be done discreetly and gets easier with practice.)
 5. Breast pumps may not be issued to pregnant women without approval from Statewide Breastfeeding Coordinator.
 6. Participants needing a breast pump should be given a pump upon request or at the earliest time available from designated WIC staff. Participants shall not wait until their next scheduled WIC appointment to receive a breast pump.
 7. Agencies will have designated WIC staff defined as a Certified Professional Authority (CPA), or Dietitian that has received State training on breast pump issuance, to oversee the clinic’s breast pump distributions, logs and forms.
 8. Local WIC clinics must follow these steps when providing a breast pump to a participant:
 - Check that the contents of the breast pump are complete.
 - Demonstrate how to assemble the breast pump. Take the breast pump apart and have the participant assemble it.
 - Review directions for assembly and cleaning in the instruction book or by reviewing the DVD.
 - Review with the participant how to use the breast pump for pumping breast milk.
 - Discuss the participant’s plans for pumping breast milk. Discuss how to maintain an adequate milk supply and how to store breast milk safely. Provide other information and encouragement as needed.
 - Review appropriate written educational materials with the participant.
 - Follow-up with the participant within **48 hours** after issuing an electric breast pump and provide continuing education and support with pumping.
 9. Clinics must document the issuance of breast pumps in the WIC MIS under notes:

If the mother is issued a Multi-User Double Electric Breast Pump (MU pump):

 - Have the participant complete the “*Multi-User Double Electric Breast Pump Loan Agreement.*” See Appendices C and D for sample forms in English and Spanish. File the original copy of the Loan Agreement in the participant’s chart; or (at the discretion of each clinic a copy of

- the loan agreement can be placed in a master file for monthly follow up until the pump is returned). Give a signed copy to the participant.
- The designated WIC staff will document loan information on a *Multi-User Double Electric Breast Pump Tracking Log* (see Appendix E for *MU Breast Pump Tracking Log*) which will be maintained in a central location for review purposes. The information to be documented will include participant name, phone number, ID number, and breast pump serial number, reason code for issuance, date issued and date returned.
 - WIC staff will follow-up with the participant on a **monthly basis** to assess pumping use and continued need until the breast pump is returned to the WIC clinic (staff may extend return date based on the needs of the participant). If the Multiple-User pump is still on loan at six months post-partum, participant should be contacted to assess their continued breastfeeding goals. If participant plans to breastfeed for an extended period (i.e. 4+ months), participant should be asked to return the multi-user pump and issued a personal electric pump. If the participant only plans to breastfeed for a short duration participant should be asked to return the pump as soon as she is no longer using it so that it may be available for another mom and baby dyad.

If the mother is issued a Single User Manual Breast Pump (Harmony) or Personal Double Electric Breast Pump (*Pump in Style*):

- Have the participant sign the "*Breast Pump Release Form*." See Appendices F and G for English and Spanish sample forms. Keep the original signed copy of the form and file it in the participants chart. Give a signed copy to the participant.
- Encourage the participant to save the breast pump for possible future pregnancies since she will only be issued **one** Personal Double Electric Breast Pump (*Pump in Style*) while on the Nevada WIC program.
- Remind the participant that the breast pump issued is a single-user electric pump. WIC expects that the participant will not loan or sell this pump because it cannot be cleaned adequately to prevent cross-contamination from person to person. When the participant is finished with the breast pump, **it should be discarded** rather than sold or given away.
- If a participant requests formula after a breast pump has been issued, encourage her to speak with a staff member trained in breastfeeding support who may assist her. If it is determined that formula will be issued, the trained staff member will determine the appropriate amount. (See #12 below)

10. Local agencies will make a reasonable effort to retrieve Multi-User Double Electric Breast Pump (s) (MU pump) that has not been returned by the date specified in the "*Multi-User Double Electric Breast Pump Loan Agreement*."

Local agencies cannot withhold or deny WIC services to a participant who has not returned a breast pump.

If the participant fails to return the MU pump by the due date, the local clinic shall:

- Document attempts to retrieve the breast pump.
- Attempt to contact the participant (or alternate contact, if necessary) by phone within **seven days** of the breast pump due date.
- Mail a letter instructing the participant to return the breast pump. See Appendices H and I for English and Spanish Lost Pump Sample Letters. Keep a copy of the letter for your records.
- If the participant fails to return the breast pump within 30 days after the letter is mailed, the local agency or clinic may report the breast pump as lost. Local agency or clinic shall complete the *Multi-User Double Electric Breast Pump Lost & Transfer Form (L&T Form)* and notify the State WIC Office immediately. See Appendix J for MU Lost & Transfer Form.
- If a MU pump is lost by the local agency or clinic, complete the *L&T Form* and notify the State WIC Office within five (5) business days.
- If a breast pump is returned to a local agency or clinic other than the agency or clinic that loaned the pump, the receiving agency or clinic shall contact the originating agency or clinic to make arrangements to return the breast pump or, to request a transfer of the breast pump. Upon agreement by both parties the accepting local agency or clinic must complete the *Multi-User Double Electric Breast Pump Lost & Transfer Form (L&T Form)* and notify the State WIC Office of change. Keep a copy of the form for your records.

11. A WIC participant will not be issued more than one breast pump at the same time.
12. Clinic staff shall inform a mother who is less than four weeks postpartum and breastfeeding, that successful milk establishment is most critical at this time and early introduction of pumps and supplements can cause complications of milk transfer between mother and baby.
13. Electric breast pumps and other breastfeeding aids will be stored in a locked area or cabinet. All new pumps will be stored in unopened packaging as received from the manufacturer or as specified by the State agency.
14. Multi-User Double Electric Breast Pump (s) (MU pumps) must be sanitized and checked for performance by the local WIC agency in between users. The recommended procedure for sanitizing MU pump is: Clean pump, pump case, and Styrofoam that lines pump case with a Cavicide cleaner.

Appendices:

- C. Loan Agreement, English
- D. Loan Agreement, Spanish
- E. MU Pump Tracking Log
- F. Pump Release Form, English
- G. Pump Release Form, Spanish
- H. Lost Pump Sample Letter English
- I. Lost Pump Sample Letter Spanish
- J. MU Breast Pump Lost & Transfer Form