







U.S. DEPARTMENT OF AGRICULTURE

WIC BREASTFEEDING SUPPORT

LEARN TOGETHER. GROW TOGETHER.

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a program of the USDA, Food and Nutrition Service (FNS).

IT TAKES TIME, PRACTICE, PATIENCE, AND TEAMWORK.

For more tips and support, visit WICBreastfeeding.fns.usda.gov