

United States Department of Agriculture For more information on the Nevada WIC Program visit NevadaWIC.org or call us at 1-800-863-8942.



DADS! HELPING MOM BREASTFEED MEANS HELPING BABY, TOO.

U.S. DEPARTMENT OF AGRICULTURE



U.S. DEFAITMENT OF AGRICULTURE

WIC BREASTFEEDING SUPPORT

LEARN TOGETHER. GROW TOGETHER.

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a program of the USDA, Food and Nutrition Service **(FNS)**.

- Burp, bathe, and change your baby's diapers.
- Play with your baby, sing songs, and read books.
- Cuddle and do skin-to-skin.

For more tips and support, visit WICBreastfeeding.fns.usda.gov