

LEVEL 2 - BREASTFEEDING CURRICULUM CHECKLIST

WI	C Trainee's Name:			
Pre	eceptor's Name:			
Tra	ninee Start Date:Clinic:			
Se	ction 1 – WIC and Breastfeeding			
•	WIC Breastfeeding 101	Yes	Date:	
•	Action Journal: Breastfeeding Promotion	Yes	Date:	
•	Completion: Scope of Practice	Yes	Date:	
•	Action Journal: National Initiatives	Yes	Date:	
•	Completion: Breastfeeding Policies and Laws	Yes	Date:	
•	Action Journal: Health Communication	Yes	Date:	
•	Completion: Technology	Yes	Date:	
•	Action Journal: Health Communication	Yes	Date:	
•	Completion: Group Education	Yes	Date:	
•	Action Journal: Continuity of Care	Yes	Date:	
•	Completion: Community Partnerships	Yes	Date:	
•	Action Journal: Continuity of Care	Yes	Date:	
•	Completion: Making Referrals	Yes	Date:	
Se	ction 2 - Counseling			
•	Handout: Practice Probes	Yes	Date:	
•	Action Journal: 3-Step Counseling	Yes	Date:	
•	Completion: Basic Education and Probing	Yes	Date:	
•	Action Journal: 3-Step Counseling	Yes	Date:	
•	Completion: Ready or Not	└ Yes	Date:	
•	Action Journal: Difficult Counseling Situations	Yes	Date:	
•	Completion: Counseling in Difficult Counseling Situations	Yes	Date:	
•	Action journal: Adverse Outcomes	Yes Yes	Date: Date:	
•	Completion: Adverse Outcomes	ies	Date	
Se	ction 3 – Preparing to Breastfeed	Yes	Date:	
•	Action Journal: Reasons to Breastfeed	Yes		
•	Completion: Impact of Breastfeeding		Date:	
•	Action Journal: Reasons to Breastfeed	Yes	Date:	
•	Completion: Components of Human Milk	☐ Yes	Date:	
•	Action Journal: Barriers	└ Yes	Date:	
•	Completion: Addressing Barriers to Breastfeeding	└ Yes	Date:	
•	Action Journal: Family Support	Yes	Date:	
•	Completion: Partner Support	Yes	Date:	
•	Action Journal: Family Support	Yes	Date:	
•	Completion: Grandparent Support	Yes	Date:	

•	Action Journal: Family Support		Yes	Date:
•	Completion: Talking with Moms		Yes	Date:
•	Action Journal: Pregnancy		Yes	Date:
•	Completion: Feeding Intentions		Yes	Date:
•	Action Journal: Pregnancy		Yes	Date:
•	Completion: States of Pregnancy		Yes	Date:
•	Action Journal: How Milk is Made		Yes	Date:
•	Completion: Breast Development	Щ	Yes	Date:
•	Action Journal: How Milk is Made		Yes	Date:
•	Completion: Parts of the Breast		Yes	Date:
•	Action Journal: How Milk is Made		Yes	Date:
•	Completion: Hormones and Building Confidence		Yes	Date:
Se	ction 4 – Normal Breastfeeding		1	
•	Handout: Counseling Practice		Yes	Date:
•	Action Journal: Hospital Support		Yes	Date:
•	Completion: Preparing for the Hospital		Yes	Date:
•	Action Journal: Hospital Support		Yes	Date:
•	Completion: Breastfeeding Friendly Hospital Initiative		Yes	Date:
•	Action Journal: Early Days		Yes	Date:
•	Completion: Early Days and Skin-to-Skin Practice		Yes	Date:
•	Action Journal: Early Days		Yes	Date:
•	Completion: Early Days- Early Practices		Yes	Date:
•	Action Journal: Early Days		Yes	Date:
•	Completion: Feeding Cues		Yes	Date:
•	Activity: Counseling Practice		Yes	Date:
•	Activity: Counseling Role Play		Yes	Date:
•	Action Journal: Early Days		Yes	Date:
•	Completion: Talking with Moms		Yes	Date:
•	Handout: Baby Talk		Yes	Date:
•	Action Journal: Baby Behavior		Yes	Date:
•	Completion: Normal Baby Behaviors		Yes	Date:
•	Action Journal: Baby Behavior		Yes	Date:
•	Completion: Infant Sleep and Crying Pattern		Yes	Date:
•	Activity: Counseling Practice		Yes	Date:
•	Activity: Counseling Role Play		Yes	Date:
•	Action Journal: Baby Behavior		Yes	Date:
•	Completion: Baby Behaviors- Talking with Moms		Yes	Date:
•	Action Journal: Position and Latch		Yes	Date:
•	Completion: Position and Latch- Basic Technique		Yes	Date:
•	Action Journal: Position and Latch		Yes	Date:
•	Completion: Unique Situations		Yes	Date:
•	Activity: Counseling Practice		Yes	Date:
•	Activity: Counseling Role Play		Yes	Date:
•	Action Journal: Position and Latch		Yes	Date:
•	Completion: Position and Latch-Talking with Moms		Yes	Date:

 Action Journal: Ongoing Breastfeeding 	Yes	Date:
 Completion: Helping Participants Manage the Early Weeks 	Yes	Date:
Activity: Counseling Practice	Yes	Date:
Activity: Counseling Role Play	Yes	Date:
Action Journal: Ongoing Breastfeeding	Yes	Date:
 Completion: Ongoing Breastfeeding- Talking with Moms 	Yes	Date:
Action Journal: Milk Expression	Yes	Date:
Completion: Milk Expression- Hand Expression	Yes	Date:
Action Journal: Milk Expression	Yes	Date:
 Completion: Milk Expression- Handling and Storing Human Milk 	Yes	Date:
Action Journal: Milk Expression	Yes	Date:
 Completion: Milk Expression- Using a Breast Pump 	Yes	Date:
Action Journal: Milk Expression	Yes	Date:
Completion: Milk Sharing	Yes	Date:
Activity: Counseling Practice	Yes	Date:
Activity: Counseling Role Play	Yes	Date:
Action Journal: Milk Expression	Yes	Date:
 Completion: Milk Expression- Talking with Moms 	Yes	Date:
 Action Journal: Mather/Baby Separation 	Yes	Date:
 Completion: Mother and Baby Separation- Reasons for Separation 	Yes	Date:
Handout: Workplace Space Solutions	Yes	Date:
 Action Journal: Mother/Baby Separation 	Yes	Date:
Completion: Mother and Baby Separation- Support Options for Work Separation	Yes	Date:
and School	Yes	Date:
Action Journal: Mother/Baby Separation Completion: Method and Baby Separation. Children and Maintaining.	Yes	
 Completion: Mother and Baby Separation- Childcare and Maintaining Production 	res	Date:
Activity: Counseling Practice	Yes	Date:
Activity: Counseling Role Play	Yes	Date:
Action Journal: Mother/Baby Separation	Yes	Date:
Completion: Mother and Baby Separation-Talking with Moms	Yes	Date:
Section 5 – Problem Solving		
Action Journal: Common Maternal Issues	Yes	Date:
Completion: Common Maternal Issues- Sore Nipples	Yes	Date:
Action Journal: Common Maternal Issues	Yes	Date:
Completion: Common Maternal Issues-Engorgement	Yes	Date:
Action Journal: Common Maternal Issues	Yes	Date:
 Completion: Maternal Issues- Plugged Ducts, Mastitis, Abscess 	Yes	Date:
Action Journal: Common Maternal Issues	Yes	Date:
 Completion: Maternal Issues- Structural Issues 	Yes	Date:
Handout: Common Maternal Issues	Yes	Date:
Handout: Solution Cards	Yes	Date:
WIC Action Journal: Problem Solving	Yes	Date:
 Completion: Common Maternal Issues- Talking with Moms 	Yes	Date:
Action Journal: Common Infant Issues	Yes	Date:

Completion: Common Infant Issues- Latch Difficulties	∟Yes	Date:
Action Journal: Common Infant Issues- Slow Weight Gain	Yes	Date:
Completion: Common Infant Issues- Slow Weight Gain	Yes	Date:
Action Journal: Common Infant Issues-Talking with Moms	Yes	Date:
Completion: Common Infant Issues-Talking with Moms	Yes	Date:
Handout: Low Milk Production Summary	Yes	Date:
Action Journal: Low Milk Production	Yes	Date:
Completion: Low Milk Supply-Signs of Low Milk Production	Yes	Date:
Handout: Supplementation Summary	Yes	Date:
Action Journal: Supplementation	Yes	Date:
Completion: Supporting Moms with Combination Feeding	Yes	Date:
Action Journal: Supplementation	Yes	Date:
Completion: Talking with Moms	Yes	Date:
Action Journal: Preterm Infants	Yes	Date:
Completion: Promoting Human Milk for Vulnerable Infants	Yes	Date:
Action Journal: Management Tools	Yes	
•		Date:
Completion: Breast Compression and Massage	Yes	Date:
Section 6 - Peer Counselors		_
Handout: Job Duties	Yes	Date:
Handout: Who Can Help Me in My Job	Yes	Date:
Action Journal: Peer Counselors	Yes	Date:
Completion: Peer Counselors- Job Duties	Yes	Date:
Handout: Scope of Practice	Yes	Date:
Handout: Scenarios	Yes	Date:
Handout: When to Yield	Yes	Date:
Action Journal: Peer Counselors	Yes	Date:
Completion: Peer Counselors- Scope of Practice	Yes	Date:
Handout: Telephone Tips	Yes	Date:
Handout: Texting Tips	Yes	Date:
Activity: Texting Fun	Yes	Date:
Action Journal: Peer Counselors	Yes	Date:
Completion: Peer Counselors- Ways to Connect	Yes	Date:
Handout: Confidentiality	Yes	Date:
Handout: Documentation	Yes	Date:
Handout: PC Contact Log	Yes	Date:
Action Journal- Peer Counselors	Yes	Date:
Completion: Peer Counselors- Documentation	Yes	Date:

08/2023

Comments:		
Preceptor's Signature	 Date	
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