

PREGNANT FOOD PACKAGES

No Cheese



Cereal- 36oz



Canned Fish- 10oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 5.5 Gallons



Eggs- 1 Dozen

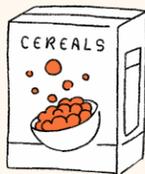


Fruits & Vegetables Cash- \$48.00



Juice- 64oz

No Cheese and juice, +\$51CVB



Cereal- 36oz



Canned Fish- 10oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 5.5 Gallons

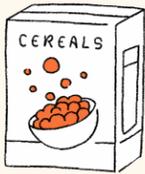


Eggs- 1 Dozen



Fruits & Vegetables Cash- \$51.00

Cheese



Cereal- 36oz



Canned Fish- 10oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 4.75 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash- \$48.00



Juice- 64oz



Cheese- 1lb

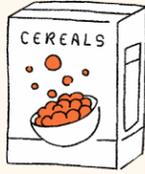


NEVADA DIVISION of PUBLIC and BEHAVIORAL HEALTH



PREGNANT FOOD PACKAGES

Tofu



Cereal- 36oz



Canned Fish- 10oz



Whole Grains- 48oz



Legumes- 2 options



Milk-
5.25 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash-
\$48.00

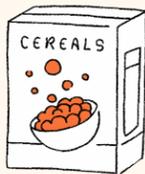


Juice- 64oz



Tofu- 1lb
(up to 16lbs)

Yogurt



Cereal- 36oz



Canned Fish- 10oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 5 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash- \$48.00

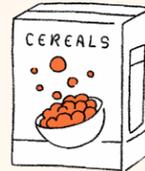


Juice- 64oz



Yogurt- 64oz

Cheese and Tofu



Cereal- 36oz



Canned Fish- 10oz



Whole Grains- 48oz



Legumes- 2 options



Milk-
4.5 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash-
\$48.00



Juice- 64oz



Cheese- 1lb



Tofu- 1lb
(up to 16lbs)



NEVADA DIVISION of PUBLIC
and BEHAVIORAL HEALTH



PREGNANT FOOD PACKAGES

Cheese and Yogurt



Cereal- 36oz



Canned Fish- 10oz



Whole Grains- 48oz



Legumes- 2 options



Milk-
4.25 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash-
\$48.00



Juice-
64oz

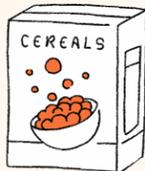


Cheese- 1lb



Yogurt-
64oz

Plant Based Milk and Tofu



Cereal- 36oz



Canned Fish- 10oz



Whole Grains- 48oz



Legumes- 2 options



Plant Based Milk-
5.25 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash-
\$48.00

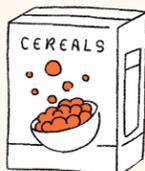


Juice- 64oz



Tofu- 1lb
(up to 16lbs)

Dairy Free



Cereal- 36oz



Canned Fish- 10oz



Whole Grains- 48oz



Legumes- 3 options



Plant Based Milk-
5.25 Gallons



Fruits & Vegetables Cash-
\$48.00



Juice- 64oz



Tofu- 1lb
(up to 16lbs)



NEVADA DIVISION of PUBLIC
and BEHAVIORAL HEALTH



MOSTLY BREASTFEEDING FOOD PACKAGES

Also applicable to Pregnant w/Multiples

No Cheese



Cereal- 36oz



Canned Fish- 15oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 5.5 Gallons



Eggs- 1 Dozen

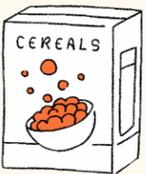


Fruits & Vegetables Cash- \$52.00



Juice- 64oz

No Cheese and Juice, +\$55CVB



Cereal- 36oz



Canned Fish- 15oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 5.5 Gallons

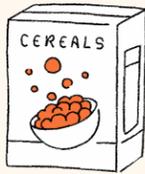


Eggs- 1 Dozen



Fruits & Vegetables Cash- \$55.00

Cheese



Cereal- 36oz



Canned Fish- 15oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 4.75 Gallons



Eggs- 1 Dozen



Fruits & Vegetables
Cash- \$52.00



Juice- 64oz



Cheese- 1lb



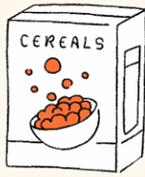
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MOSTLY BREASTFEEDING FOOD PACKAGES

Also applicable to Pregnant w/Multiples

Tofu



Cereal- 36oz



Canned Fish- 15oz



Whole Grains- 48oz



Legumes- 2 options



Milk-
5.25 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash-
\$52.00

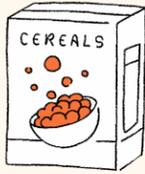


Juice- 64oz



Tofu- 1lb
(up to 16lbs)

Yogurt



Cereal- 36oz



Canned Fish- 15oz



Whole Grains- 48oz



Legumes- 2 options



Milk-
5 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash-
\$52.00

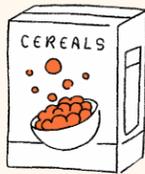


Juice- 64oz



Yogurt- 64oz

Cheese and Tofu



Cereal- 36oz



Canned Fish- 15oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 4.5
Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash-
\$52.00



Juice- 64oz



Cheese- 1lb



Tofu- 1lb
(up to 16lbs)



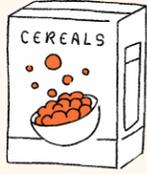
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MOSTLY BREASTFEEDING FOOD PACKAGES

Also applicable to Pregnant w/Multiples

Cheese and Yogurt



Cereal- 36oz



Canned Fish- 15oz



Whole Grains- 48oz



Legumes- 2 options



Milk-
4.25 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash-
\$52.00



Juice-
64oz

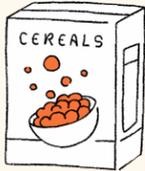


Cheese- 1lb



Yogurt-
64oz

Plant Based Milk and Tofu



Cereal- 36oz



Canned Fish- 15oz



Whole Grains- 48oz



Legumes- 2 options



Plant Based Milk-
5.25 Gallons



Eggs- 1 Dozen



Fruits & Vegetables Cash-
\$52.00

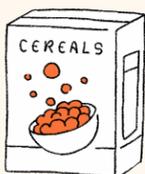


Juice- 64oz



Tofu- 1lb
(up to 16lbs)

Dairy Free



Cereal- 36oz



Canned Fish- 15oz



Whole Grains- 48oz



Legumes- 3 options



Plant Based Milk-
5.25 Gallons



Fruits & Vegetables Cash-
\$52.00



Juice- 64oz



Tofu- 1lb
(up to 16lbs)



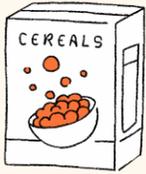
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and BEHAVIORAL HEALTH



FULLY BREASTFEEDING FOOD PACKAGES

Also applicable to Pregnant & FBF, Pregnant & MBF, MBF w/Multiples

No Cheese



Cereal- 36oz



Canned Fish- 20oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 6 Gallons



Eggs- 2 Dozen

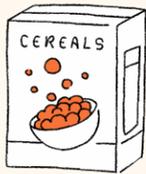


Fruits & Vegetables Cash- \$52.00



Juice- 64oz

No Cheese and Juice, +\$55CVB



Cereal- 36oz



Canned Fish- 20oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 6 Gallons

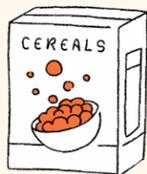


Eggs- 2 Dozen



Fruits & Vegetables Cash- \$55.00

Cheese



Cereal- 36oz



Canned Fish- 20oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 4.5 Gallons



Eggs- 2 Dozen



Fruits & Vegetables Cash- \$52.00



Juice- 64oz



Cheese- 2lbs



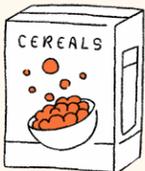
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FULLY BREASTFEEDING FOOD PACKAGES

Also applicable to Pregnant & FBF, Pregnant & MBF, MBF w/Multiples

Tofu



Cereal- 36oz



Canned Fish- 20oz



Whole Grains- 48oz



Legumes- 2 options



Milk-
5.75 Gallons



Eggs- 2 Dozen



Fruits & Vegetables Cash-
\$52.00

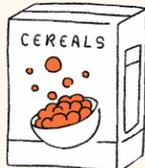


Juice- 64oz



Tofu- 1lb
(up to 16lbs)

Yogurt



Cereal- 36oz



Canned Fish- 20oz



Whole Grains- 48oz



Legumes- 2 options



Milk-
5.5 Gallons



Eggs- 2 Dozen



Fruits & Vegetables Cash-
\$52.00

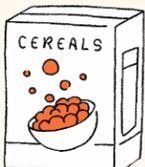


Juice- 64oz



Yogurt- 64oz

Cheese and Tofu



Cereal- 36oz



Canned Fish- 20oz



Whole Grains- 48oz



Legumes- 2 options



Milk-
4.25 Gallons



Eggs- 2 Dozen



Fruits & Vegetables Cash-
\$52.00



Juice-
64oz



Cheese- 2lbs



Tofu- 1lb
(up to 16lbs)



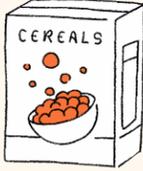
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FULLY BREASTFEEDING FOOD PACKAGES

Also applicable to Pregnant & FBF, Pregnant & MBF, MBF w/Multiples

Cheese and Yogurt



Cereal- 36oz



Canned Fish- 20oz



Whole Grains- 48oz



Legumes- 2 options



Milk- 4 Gallons



Eggs- 2 Dozen



Fruits & Vegetables Cash- \$52.00



Juice- 64oz

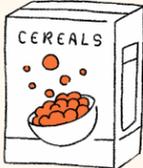


Cheese- 2lbs



Yogurt- 64oz

Plant Based Milk and Tofu



Cereal- 36oz



Canned Fish- 20oz



Whole Grains- 48oz



Legumes- 2 options



Plant Based Milk- 5.75 Gallons



Eggs- 2 Dozen



Fruits & Vegetables Cash- \$52.00

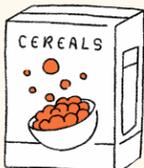


Juice- 64oz



Tofu- 1lb (up to 16lbs)

Dairy Free



Cereal- 36oz



Canned Fish- 20oz



Whole Grains- 48oz



Legumes- 4 options



Plant Based Milk- 5.75 Gallons



Fruits & Vegetables Cash- \$52.00



Juice- 64oz



Tofu- 1lb (up to 16lbs)

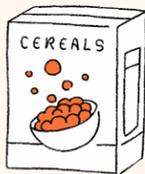


NEVADA DIVISION of PUBLIC and BEHAVIORAL HEALTH



FULLY BREASTFEEDING W/ MULTIPLES FOOD PACKAGES

No Cheese



Cereal- 54oz



Canned Fish- 30oz



Whole Grains- 72oz



Legumes- 3 options



Milk-
9 Gallons



Eggs- 3 Dozen

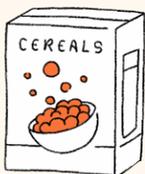


Fruits & Vegetables Cash-
\$78.00



Even Months: Juice- 64oz
Odd Months: Juice- 64oz x2

No Cheese and Juice, +\$82.50 CVB



Cereal- 54oz



Canned Fish- 30oz



Whole Grains- 72oz



Legumes- 3 options



Milk- 9 Gallons

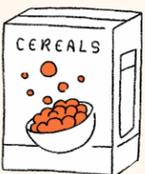


Eggs- 3 Dozen



Fruits & Vegetables Cash- \$82.50

Cheese



Cereal- 54oz



Canned Fish- 30oz



Whole Grains- 72oz



Legumes- 3 options



Milk-
6.75 Gallons



Eggs- 3 Dozen



Fruits & Vegetables
Cash- \$78.00



Even Months: Juice- 64oz
Odd Months: Juice- 64oz x2



Cheese- 3lbs

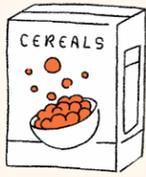


NEVADA DIVISION of PUBLIC
and BEHAVIORAL HEALTH



FULLY BREASTFEEDING W/ MULTIPLES FOOD PACKAGES

Tofu



Cereal- 54oz



Canned Fish- 30oz



Whole Grains- 72oz



Legumes- 3 options



Milk-
8.75 Gallons



Eggs-
3 Dozen



Fruits & Vegetables Cash-
\$78.00

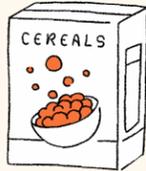


Even Months: Juice- 64oz
Odd Months: Juice- 64oz x2



Tofu- 1lb
(up to 24lbs)

Yogurt



Cereal- 54oz



Canned Fish- 30oz



Whole Grains- 72oz



Legumes- 3 options



Milk-
8.25 Gallons



Eggs-
3 Dozen



Fruits & Vegetables Cash-
\$78.00

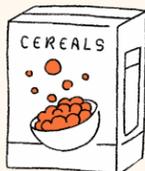


Even Months: Juice- 64oz
Odd Months: Juice- 64oz x2



Yogurt- 96oz

Cheese and Tofu



Cereal- 54oz



Canned Fish-30oz



Whole Grains- 72oz



Legumes- 3 options



Milk-
6.5 Gallons



Eggs-
3 Dozen



Fruits & Vegetables Cash-
\$78.00



Even Months: Juice- 64oz
Odd Months: Juice- 64oz x2



Cheese-
3lbs



Tofu- 1lb
(up to 24lbs)

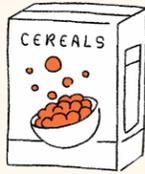


NEVADA DIVISION of PUBLIC
and BEHAVIORAL HEALTH



FULLY BREASTFEEDING W/ MULTIPLES FOOD PACKAGES

Cheese and Yogurt



Cereal- 54oz



Canned Fish- 30oz



Whole Grains- 72oz



Legumes- 3 options



Milk-
6 Gallons



Eggs- 3 Dozen



Fruits & Vegetables Cash-
\$78.00



Even Months: Juice- 64oz
Odd Months: Juice- 64oz x2

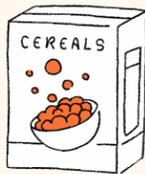


Cheese-
3lbs



Yogurt-
96oz

Plant Based Milk and Tofu



Cereal- 54oz



Canned Fish- 30oz



Whole Grains- 72oz



Legumes- 3 options



Plant Based Milk -
8.75 Gallons



Eggs-
3 Dozen



Fruits & Vegetables Cash-
\$78.00

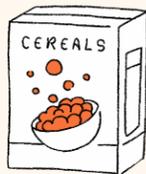


Even Months: Juice- 64oz
Odd Months: Juice- 64oz x2



Tofu- 1lb
(up to 24lbs)

Dairy Free



Cereal- 54oz



Canned Fish- 30oz



Whole Grains- 72oz



Legumes- 6 options



Plant Based Milk-
8.75 Gallons



Fruits & Vegetables Cash-
\$78.00



Even Months: Juice- 64oz
Odd Months: Juice- 64oz x2



Tofu- 1lb
(up to 24lbs)



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